The freedom team

Up till a few years ago I lead a men’s group “The Freedom Team”. It was for men how were in sexual bondage. I only stopped, because my job took me out of town for weeks at a time.

I propose to reorganize my men’s group, the Freedom Team. They will meet once a week on a day and at a place to be named later. The purpose of this group is to help men caught in sexual bondage to get free. We will be using Ted Roberts book Pure Desires and its companion workbook. The meets will last for an hour and half. The structure of the meets will be as follows.

The first 10 minutes will be just talking and settling in. Then after an opening prayer there will be 20 minutes of sharing, were each man can share what happened to him that week. No one is required to share, but I have never had anyone not share. We will then go over the reading and workbook homework. This should take 20 – 30 minutes. I will give the assignment for the next week and finish with a closing prayer.

The rules of the group are as follows.

Whatever is said in to group stays in the group.

When someone is sharing there will be no interruption.

There will no offer of advice unless the person sharing asks.

After a month or so they will be required to call another member at least once during the week.

They will be required to do the homework each week.

If someone is continually not doing the homework they may be asked to leave. I will talk to them to find out what is going on.

The same can be said if someone is missing the meets on a regular basic.

When we have finished the workbook I will evaluate where the men are and decide if we still need to meet. When the group is ready I will ask one of the men to lead the group as they should continue to meet. Again I have never had an issue with the men not wanting to continue to meet.